**First – Then**

|  |  |
| --- | --- |
| **First-Then** | |
| **Stage 1:**  **Make the Strip** | * Find/make pictures of important activities: (Food, Places, Tasks, Drinks, Toys, Books, Clothing, DVDs, People, Sensory Items, etc) * Create a board that can place two of these on side by side: (A piece of card about A4 size) |
| **Stage 2:**  **Try it with your Relative** | * Show the board to your relative * Place the first activity picture on the board and communicate ‘first’ using speech, sign or gesture * Give your relative time and check they have understood * Place the second activity picture on the board and communicate ‘then’ using speech, sign or gesture * Give your relative time and check they have understood |
| **Stage 3:**  **Continued use** | * Show your relative the First-Then board again after the first activity has happened * Take off the first activity picture * Move the second activity picture to where this was and communicate this activity is now going to happen using speech, sign or gesture * You can also place a new activity into the ‘then’ spot |