



Visual Timetables

Make the timetable	<ul style="list-style-type: none">○ Find/make pictures of important activities: (Food, Places, Tasks, Drinks, Toys, Books, Clothing, DVDs, People, Sensory Items, etc)○ Create a board that can place these on in a sequence: (A piece of card about A4 size)
Use to give overview of day	<ul style="list-style-type: none">○ Show the timetable to your relative○ Point to the first activity picture and communicate what this is using speech, sign or gesture○ Give your relative time and check they have understood○ Point to the next activity picture and communicate what this is using speech, sign or gesture○ Give your relative time and check they have understood○ Repeat with remaining activity pictures (whatever number is right for your relative's understanding).
Use for ahead of and following key activities	<ul style="list-style-type: none">○ Show the timetable to your relative ahead of an activity○ Point to the activity picture that is about to happen and communicate what this is using speech, sign or gesture○ Give your relative time and check they have understood○ Show the timetable to your relative following the activity○ Remove the activity picture that has happened and communicate this has finished using speech, sign or gesture○ Give your relative time and check they have understood